Life is sometimes hard. Things can go wrong. In love, in health, in business, in all the other ways that life can go wrong. And when things get tough, that's when you're gonna do the best thing you can do, creating art.

  You had a bad day? Try to dance for hours until it makes you happy. Got a bad grade from an exam? Listen to some music by your favorite band. Had a fight with your parents? Think of beautiful flowers to paint.

  That can be the opposite, too. You can create art when things get better. Write poems about it when you see two people in love. It doesn't have to be perfect, what's important in this is that you created it.

  Write, draw, sing, dance, paint. Do everything you can think of to create art. You can do things that you might call as mistakes in this path, but honestly, this is from the very bottom of my heart, I hope you make those mistakes because it means that you're out there and doing something that really matters.

  Art changes people and people change the world. If you're creating something, writing song lyrics or painting flowers, no matter where you are or what language you speak, you're still a part of something very important and valuable.

  Let me explain this to you with an example. Imagine you went to see an exhibition. You love paintings so you just wander around looking at them. Then you see one, a beautifully painted one. The colors on it, the way that the artist made the painting just makes you feel something beautiful. Then imagine yourself looking at the artists name. It appeared that a German artist did the painting. Would it matter? Would it matter that a German artist did the painting instead of a Spanish artist? Or an Italian artist? Would that make you change your feelings about the painting? I don't think so. You don't have to be German to understand that painting because art speaks for itself. Whether you're German, Spanish or Italian, you just understand the language of art.

  We're all different with our minds, languages, religions, but we have something in common. Art is our communication. There's gonna be people that won't understand you or your art, but for the ones who do, you'll never be forgotten. Remind yourself about Van Gogh, Shakespeare, Frida Kahlo. Their art is still alive and inspiring people. The same thing goes for you, too. Even if you die, your art will live on and you'll be immortal.

  Hearing me saying that we can solve our problems by creating art could make you feel like I'm lying to you or I'm totally making it all up but here's the thing, our culture is made of art. Our values compose our culture and art is the only key to lay the foundations of it.

  Yes, we are different but being different only means that there are tons of other cultures to learn out there. All we can do is to accept this difference and see it as a new way to create. That's the best way to make ourselves immortal.